

**DISTRESS CENTRES**  
**FINANCIAL STATEMENTS**  
**YEARS ENDED DECEMBER 31, 2012 AND 2011**

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## INDEPENDENT AUDITOR'S REPORT

TO THE MEMBERS AND DIRECTORS OF DISTRESS CENTRES

### **Report on Financial Statements**

We have audited the accompanying financial statements of Distress Centres, which comprise the balance sheets as at December 31, 2012, December 31, 2011 and January 1, 2011 and the statements of operations, changes in net assets and cash flows for the years ended December 31, 2012 and December 31, 2011, and a summary of significant accounting policies and other explanatory information.

### **Management's Responsibility for the Financial Statements**

Management is responsible for the preparation and fair presentation of these financial statements in accordance with Canadian accounting standards for not-for-profit organizations and for such internal control as management determines is necessary to enable the preparation of financial statements that are free from material misstatement, whether due to fraud or error.

### **Auditor's Responsibility**

Our responsibility is to express an opinion on these financial statements based on our audits. We conducted our audits in accordance with Canadian generally accepted auditing standards. Those standards require that we comply with ethical requirements and plan and perform the audit to obtain reasonable assurance about whether the financial statements are free from material misstatement.

An audit involves performing procedures to obtain audit evidence about the amounts and disclosures in the financial statements. The procedures selected depend on the auditor's judgment, including the assessment of the risks of material misstatement of the financial statements, whether due to fraud or error. In making those risk assessments, the auditor considers internal control relevant to the entity's preparation and fair presentation of the financial statements in order to design audit procedures that are appropriate in the circumstances, but not for the purpose of expressing an opinion on the effectiveness of the entity's internal control. An audit also includes evaluating the appropriateness of accounting policies used and the reasonableness of accounting estimates made by management, as well as evaluating the overall presentation of the financial statements.

We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our qualified audit opinion.

### **Basis for Qualified Opinion**

In common with many similar organizations, the Centres derive revenue from fund-raising events and donations, the completeness of which is not susceptible to satisfactory audit verification. Accordingly, our verification of these revenues was limited to the amounts recorded in the records of the Centres and we were not able to determine whether any adjustments might be necessary to revenues, excess of revenues over expenses, assets and net assets.

### **Qualified Opinion**

In our opinion, except for the possible effects of the matter described in the Basis for Qualified Opinion paragraph, if any, these financial statements present fairly, in all material respects, the financial position of Distress Centres as at December 31, 2012, December 31, 2011 and January 1, 2011 and its financial performance and its cash flows for the years ended December 31, 2012 and December 31, 2011 in accordance with Canadian accounting standards for not-for-profit organizations.

### **Report on Other Legal and Regulatory Requirements**

In accordance with the Corporations Act (Ontario), we report that the Canadian accounting standards for not-for-profit organizations have been applied on a basis consistent with that of the preceding year.

Toronto, Ontario  
March 27, 2013

*Clarke Henning LLP*

CHARTERED ACCOUNTANTS  
Licensed Public Accountants

# DISTRESS CENTRES

## BALANCE SHEETS

AS AT DECEMBER 31, 2012, DECEMBER 31, 2011 AND JANUARY 1, 2011

	December 31, 2012	December 31, 2011	January 1, 2011
<b>ASSETS</b>			
Current assets			
Cash and investments	\$ 473,435	\$ 255,983	\$ 307,794
Sundry receivables and prepaid expenses	59,040	73,234	40,778
	<b>532,475</b>	329,217	348,572
Furniture and equipment ( <i>note 3</i> )	6,145	15,817	30,506
	<b>538,620</b>	345,034	379,078
<b>LIABILITIES</b>			
Current liabilities			
Accounts payable and accrued liabilities	14,271	8,496	21,023
Deferred revenue ( <i>note 4</i> )	60,000	-	-
	<b>74,271</b>	8,496	21,023
Deferred capital contributions ( <i>note 5</i> )	3,795	11,383	21,941
	<b>78,066</b>	19,879	42,964
<b>NET ASSETS</b>			
Invested in furniture and equipment	2,351	4,435	8,565
Internally restricted reserve funds ( <i>note 6</i> )	188,400	188,400	188,400
Operating fund	269,803	132,320	139,149
	<b>460,554</b>	325,155	336,114
	<b>\$ 538,620</b>	\$ 345,034	\$ 379,078

Approved on behalf of the Board:

\_\_\_\_\_, Director      \_\_\_\_\_, Director

# DISTRESS CENTRES

## STATEMENTS OF OPERATIONS

YEARS ENDED DECEMBER 31, 2012 AND 2011

	2012	2011
Revenues		
United Way of Greater Toronto ( <i>note 7a</i> )	\$ 285,981	\$ 293,277
Grant - City of Toronto ( <i>note 7b</i> )	102,810	102,810
Corporations, foundations and church groups ( <i>note 7c</i> )	109,082	58,100
Donations - individuals	139,977	80,403
Fund-raising events ( <i>note 8</i> )	379,888	388,100
TTC Crisis Link	107,250	73,750
Professional Association of Internes and Residents of Ontario (PAIRO)	64,000	59,000
Emergency Medical Services	22,338	20,250
Amortization of deferred capital contributions ( <i>note 5</i> )	7,588	10,558
Miscellaneous	6,803	10,204
	<b>1,225,717</b>	<b>1,096,452</b>
Expenses		
Salaries and employee benefits	639,562	662,963
Building occupancy	109,334	106,982
Fund-raising events ( <i>note 8</i> )	67,966	72,897
Office - telephone	104,037	90,618
- supplies	16,697	15,072
- postage	7,376	8,320
- maintenance and repairs	31,330	34,264
Promotion and publicity	1,223	250
Volunteer recruitment and training	14,694	15,678
Volunteer resources	49,346	49,143
Accounting and audit	7,556	7,276
Depreciation	9,672	16,887
Other	31,525	27,061
	<b>1,090,318</b>	<b>1,107,411</b>
Excess (deficiency) of revenues over expenses for the year	\$ 135,399	\$ (10,959)

# DISTRESS CENTRES

## STATEMENTS OF CHANGES IN NET ASSETS

YEARS ENDED DECEMBER 31, 2012 AND 2011

	<i>Operating Fund Unrestricted</i>	<i>Invested In Furniture and Equipment</i>	<i>Internally Restricted Reserve Funds</i>	<i>Total</i>	
				<i>2012</i>	<i>2011</i>
Balance - at beginning of year	\$ 132,320	\$ 4,435	\$ 188,400	\$ 325,155	\$ 336,114
Excess (deficiency) of revenues over expenses for the year	145,071	(9,672)	-	135,399	(10,959)
Inter-fund transfers representing: Amortization of deferred capital contributions	(7,588)	7,588	-	-	-
Balance - at end of year	\$ 269,803	\$ 2,351	\$ 188,400	\$ 460,554	\$ 325,155

## DISTRESS CENTRES

### STATEMENTS OF CASH FLOWS

YEARS ENDED DECEMBER 31, 2012 AND 2011

	<b>2012</b>	2011
Cash flows from operating activities		
Cash received from United Way of Greater Toronto	\$ 285,981	\$ 293,277
Cash received from City of Toronto	102,810	102,810
Cash received from general contributions	309,059	138,503
Cash received from fund raising events	379,889	406,109
Cash received from TTC Crisis Link	107,250	64,813
Cash received from Resident Well-Being Committee-PAIRO	64,000	59,000
Cash received from Emergency Medical Services	22,338	20,250
Interest and miscellaneous income received	6,803	10,204
Cash paid to employees and suppliers	(992,712)	(1,071,681)
Cash paid for fund-raising events	(67,966)	(72,897)
	<b>217,452</b>	(49,612)
Cash flows from investing and financing activity		
Purchase of furniture and equipment	-	(2,199)
Net change in cash during the year	<b>217,452</b>	(51,811)
Cash - at beginning of year	<b>255,983</b>	307,794
Cash - at end of year	<b>\$ 473,435</b>	\$ 255,983

# **DISTRESS CENTRES**

## **NOTES TO THE FINANCIAL STATEMENTS**

### **YEARS ENDED DECEMBER 31, 2012 AND 2011**

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The mission of the Distress Centres (the "Centres") is to create an emotional safety net for the vulnerable and at risk in the community . The Centres will:

- Provide crisis response and intervention to the emotionally vulnerable and at risk in the community.
- Serve as a point of access for suicide prevention, intervention and post-vention.
- Provide volunteer delivered services, wherever possible, in recognition of the added value they contribute.
- Collaborate and network with other agencies to create a continuum of care and support.
- Provide links to emergency services when necessary.
- Mitigate the impact of a mental health crisis by helping those with a history of vulnerability and risk make life-affirming choices.
- Increase service access by operating within a framework of cultural competency, including the promotion of diversity in all areas of service.
- Enhance emotional self-management and reduce risk by strengthening the coping skills of survivors.
- Advocate on behalf of service users by reporting on current needs, gaps in service and emerging trends.
- Build community capacity in emotional health response.

Distress Centres is incorporated without share capital under the laws of Ontario and is registered as a charitable organization under the Income Tax Act (Canada) and, as such, is exempt from income taxes and is able to issue donation receipts for income tax purposes. In order to maintain its status as a registered charity under the Act, the Centres must meet certain requirements within the Act. In the opinion of management, these requirements have been met.

#### *1. SUMMARY OF SIGNIFICANT ACCOUNTING POLICIES*

These financial statements have been prepared using Canadian accounting standards for not-for-profit organizations. These standards are in accordance with Canadian generally accepted accounting principles and include the following accounting policies.

##### *Basis of Presentation*

The operating fund accounts for the day-to-day service delivery activities of the Centres.

The following are Board designated funds:

- The Contingency Reserve Fund is for the specific purpose of covering operating expenses in the event of unanticipated financial expenditures or occurrences.
- The Opportunity Reserve Fund is set up to meet special targets of opportunity.
- The Technology Reserve Fund is to provide funds to meet technological needs.
- The Community Engagement Reserve Fund is to provide funds for organizational community engagement including marketing and website development and event costs.

##### *Financial Assets and Liabilities*

The Centres initially measures its financial assets and liabilities at fair value. The Centres subsequently measures all its financial assets and financial liabilities at amortized cost.

Financial assets and liabilities measured at amortized cost include cash and investments, sundry receivables and accounts payable and accrued liabilities.

# DISTRESS CENTRES

## NOTES TO THE FINANCIAL STATEMENTS

YEARS ENDED DECEMBER 31, 2012 AND 2011

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### 1. SUMMARY OF SIGNIFICANT ACCOUNTING POLICIES (continued)

#### *Furniture and Equipment*

Furniture and equipment are recorded at cost and depreciated over their estimated useful lives on a straight line basis at the following annual rates:

Computer equipment	-	25%
Computer software	-	50%
Office furniture, fixtures and equipment	-	20%

The above rates are reviewed annually to ensure they are appropriate. Any changes are adjusted for on a prospective basis. If there is an indication that the assets may be impaired, an impairment test is performed that compares carrying amount to net recoverable amount. There were no impairment indicators in 2012 or 2011.

#### *Deferred Capital Contributions*

Externally restricted contributions for the acquisition of capital assets that will be depreciated are deferred and amortized over the life of the related assets. Externally restricted contributions that have not been expended are recorded as part of deferred capital contributions on the balance sheet.

#### *Revenue Recognition*

##### *Grants and Contributions*

The Centres follow the deferral method of accounting for contributions which include donations, government grants and other contributions.

Operating grants are recorded as revenue in the year in which the expenses are incurred. Grants approved but not received at the end of an accounting period are accrued. Where a portion of a grant relates to a future period, it is deferred and recognized in that subsequent period.

Unrestricted contributions are recognized as revenue when received or receivable if the amount to be received can be reasonably estimated and collection is reasonably assured.

##### *Fund-Raising Events Revenues and Expenses*

Revenues and expenses from fund-raising events are recorded in the period in which the event takes place.

##### *Donations*

Donations and bequests are recorded when received. Donated goods and services are not recorded in the accounts, except when they are used in the normal course of business and when a fair value for such goods and services can be readily determined.

##### *Other Revenues*

Other revenues, being interest and miscellaneous income are recorded as earned.

#### *Contributed Services*

Volunteers contribute significant amounts of time to assist the Centres in carrying out its service delivery activities. Because of the difficulty in determining their fair value, contributed services are not recognized in the financial statements.



# DISTRESS CENTRES

## NOTES TO THE FINANCIAL STATEMENTS

### YEARS ENDED DECEMBER 31, 2012 AND 2011

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#### 1. SUMMARY OF SIGNIFICANT ACCOUNTING POLICIES (continued)

##### *Use of Estimates*

The preparation of financial statements in conformity with Canadian accounting standards for not-for-profit organizations requires management to make estimates and assumptions that affect the reported amounts of assets and liabilities, disclosure of contingent assets and liabilities at the date of the financial statements and the reported amounts of revenues and expenses during the year. Actual results could differ from these and other estimates, the impact of which would be recorded in future periods.

#### 2. IMPACT OF THE CHANGE IN THE BASIS OF ACCOUNTING

Effective January 1, 2012, the Centres adopted the requirements of the Canadian Institute of Chartered Accountant's Handbook and has adopted Canadian Accounting Standards for Not-for-Profit Organizations ("NPO Standards"). This accounting framework is in accordance with Canadian generally accepted accounting principles (GAAP). These are the first financial statements prepared in accordance with this framework which has been applied retrospectively. The accounting policies set out in the summary of significant accounting policies have been applied in preparing the financial statements as at December 31, 2012 and for the year then ended and the comparative information presented in these financial statements as at December 31, 2011 and for the year then ended and in the preparation of an opening balance sheet at January 1, 2011.

The Centres previously issued financial statements for the year ended December 31, 2011 using CICA Handbook Part V Pre-Changeover Accounting Standards which are the standards applied by the Centres prior to its adoption of NPO Standards. The adoption of NPO Standards had no impact on the previously reported assets, liabilities, revenues, expenses and net assets of the Centres, and accordingly, no adjustments were required in the comparative balance sheets, statements of operations, changes in net assets and cash flows. Certain of the comparative presentation and disclosures included in the notes to these financial statements reflect the new presentation and disclosure requirements of NPO Standards.

#### 3. FURNITURE AND EQUIPMENT

Details of furniture and equipment are as follows:

	<i>Cost</i>	<i>Accumulated Depreciation</i>	<i>Net Book Value</i>		
			<i>December 31, 2012</i>	<i>December 31, 2011</i>	<i>January 1, 2011</i>
Computer equipment	\$ 87,282	\$ 85,305	\$ 1,977	\$ 3,313	\$ 9,666
Computer software	30,064	30,064	-	-	-
Office equipment	109,525	105,524	4,001	12,004	20,007
Office furniture and fixtures	33,430	33,263	167	500	833
	<b>\$ 260,301</b>	<b>\$ 254,156</b>	<b>\$ 6,145</b>	<b>\$ 15,817</b>	<b>\$ 30,506</b>

# DISTRESS CENTRES

## NOTES TO THE FINANCIAL STATEMENTS

YEARS ENDED DECEMBER 31, 2012 AND 2011

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### 4. DEFERRED REVENUE

Deferred revenue represents restricted grant received from Canada Post Community Foundation for e-Resource Community Centre. The funds are to be used for website redevelopment, e-library and other expenses.

### 5. DEFERRED CAPITAL CONTRIBUTIONS

Deferred capital contributions represent the unamortized amount of contributions received and contributions received that have not been expensed for the purchase of capital assets. The details of deferred capital contributions are as follows:

	<i>December 31,</i> <i>2012</i>	<i>December 31,</i> <i>2011</i>	<i>January 1,</i> <i>2011</i>
Balance - at beginning of year	\$ 11,383	\$ 21,941	\$ 35,469
Amortization of deferred capital contributions	(7,588)	(10,558)	(13,528)
Balance - at end of year	\$ 3,795	\$ 11,383	\$ 21,941

### 6. NET ASSETS - INTERNALLY RESTRICTED

The Centres' Board of Directors has internally restricted net assets to be used for specific purposes. These funds are not available for unrestricted purposes without approval of the Board of Directors. The internally restricted net assets at December 31 are as follows:

	<i>December 31,</i> <i>2012</i>	<i>December 31,</i> <i>2011</i>	<i>January 1,</i> <i>2011</i>
Contingency reserve fund	\$ 161,000	\$ 161,000	\$ 161,000
Opportunity reserve fund	10,000	10,000	10,000
Technology reserve fund	7,320	7,320	7,320
Community engagement reserve fund	10,080	10,080	10,080
	\$ 188,400	\$ 188,400	\$ 188,400

# DISTRESS CENTRES

## NOTES TO THE FINANCIAL STATEMENTS

### YEARS ENDED DECEMBER 31, 2012 AND 2011

#### 7. REVENUES

Details of revenues are as follows:

	2012	2011
<i>(a) United Way of Greater Toronto</i>		
Allocation	\$ 280,384	\$ 281,918
Donor designations	5,597	11,359
	<b>285,981</b>	293,277
<i>(b) Grant - City of Toronto</i>		
Community Services Program	<b>102,810</b>	102,810
<i>(c) Corporations, Foundations and Church Groups</i>		
Foundations	57,552	45,609
Corporations	50,480	11,701
Church groups and service clubs	1,050	790
	<b>\$ 109,082</b>	\$ 58,100

#### 8. FUND-RAISING EVENTS

Details of fund-raising events are as follows:

	2012			2011		
	Revenue	Expenses	Net	Revenue	Expenses	Net
"Bikers Against Despair" Ride	\$ 199,440	\$ 42,068	\$ 157,372	\$ 170,763	\$ 37,396	\$ 133,367
Concert by Twilight	143,709	24,594	119,115	157,329	34,008	123,321
Special events	24,513	5	24,508	42,372	-	42,372
Bingo	9,987	-	9,987	15,038	200	14,838
Nevada	2,239	1,299	940	2,598	1,293	1,305
	<b>\$ 379,888</b>	<b>\$ 67,966</b>	<b>\$ 311,922</b>	<b>\$ 388,100</b>	<b>\$ 72,897</b>	<b>\$ 315,203</b>

# DISTRESS CENTRES

## NOTES TO THE FINANCIAL STATEMENTS

YEARS ENDED DECEMBER 31, 2012 AND 2011

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### 9. FINANCIAL INSTRUMENTS

The Centres is exposed to various risks through its financial instruments. The following analysis provides a measure of the Centres' risk exposure at the balance sheet date.

#### *Credit Risk*

Credit risk is the risk that one party to a financial instrument will cause a financial loss for the other party by failing to discharge an obligation. The Centres' main credit risks relate to sundry receivables. The Centres is not exposed to significant credit risk.

#### *Liquidity Risk*

Liquidity risk is the risk that the Centres will encounter difficulty in meeting obligations associated with financial liabilities. The Centres is exposed to this risk mainly in respect of its accounts payable and accrued liabilities. The Centres expects to meet these obligations as they come due by generating sufficient cash flow from operations.

#### *Market Risk*

Market risk is the risk that the fair value or future cash flows of a financial instrument will fluctuate because of changes in market prices. Market risk comprises three types of risk: currency risk, interest rate risk and other price risk. The Centres is not exposed to significant currency, interest rate or other price risks.

### 10. COMMITMENTS

The Centres are committed to annual minimum rental payments under long term leases for premises and equipment expiring from February 2013 to December 2014 as follows:

	<i>Premises</i>	<i>Equipment</i>	<i>Total</i>
2013	\$ 22,260	\$ 10,603	\$ 32,863
2014	14,510	10,418	24,928
2015	-	9,864	9,864
2016	-	9,864	9,864
2017	-	4,932	4,932

In addition, the Centres are committed to pay its proportionate share of taxes, utilities and operating costs of the premises, which for 2012 were \$42,550 (2011 - \$42,000).

# **DISTRESS CENTRES**

## **NOTES TO THE FINANCIAL STATEMENTS**

**YEARS ENDED DECEMBER 31, 2012 AND 2011**

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### *11. GUARANTEES*

The Centres have indemnified its past, present and future directors, officers and volunteers against expenses (including legal expenses), judgments and any amount actually or reasonably incurred by them in connection with any action, suit or proceeding, subject to certain restrictions in which they are sued as a result of their involvement with the Centres, if they acted honestly and in good faith with the best interest of the Centres. The nature of the indemnity prevents the Centres from reasonably estimating the maximum exposure. The Centres have purchased directors' and officers' liability insurance to mitigate the cost of any potential future suits and actions.

In the normal course of business, the Centres have entered into agreements that include indemnities in favour of third parties, either express or implied, such as in service contracts, leasing agreements or purchase contracts. In these agreements, the Centres have agreed to indemnify the counterparties in certain circumstances against losses or liabilities arising from the acts or omissions of the Centres. The terms of these indemnities are not explicitly defined and the maximum amount of any potential liability cannot be reasonably estimated.